
Holyoke YMCA Viking Swim Team Swimmer Code and Conduct

Expected Behavior at all Viking activities:

1. Act and conduct myself with dignity and respect for others and the property of others.
2. Always practice and teach good sportsmanship.
3. Promote positive team spirit and morale.
4. Offer congratulations to my opponents, win or lose, and to cheer on my teammates.
5. Be a goodwill ambassador between the sport of swimming and the public.
6. Remember that my commitment to minimum practices requirements not only effects me, it also effects my contribution to the team.

Prohibited Behavior at all Viking activities:

1. Use of alcoholic beverages.
2. Use of illegal drugs.
3. Smoking or other use of tobacco products.
4. Destructive behavior.
5. Inappropriate or unruly behavior, including failure to adhere to team standards.

At Travel Meets:

1. Swimmers must obey the established nightly curfew.
2. Swimmers must attend all scheduled team meetings.
3. Swimmers must wear the designated team uniform.
4. At all times, swimmers must show respect towards adults and fellow swimmers, especially in matters of safety and discipline.
5. Swimmers and parents acknowledge that coaches and adult chaperones (if utilized) are in charge of policies and procedures at Travel Meets. Other parents who attend merely as spectators and do not function in a supervisory role unless a coach expressly asks a spectator parent to do so.

Possible Consequences for Violations of the Code of Conduct:

1. Sending a swimmer home at additional expense, to be borne by the swimmer and his/her parents.
2. Scratching the athlete from subsequent events.
3. Eliminating all non-swimming privileges during a meet.
4. The swimmer will not be invited to attend a future Travel Meet.
5. Temporary or permanent dismissal from the team.

Signatures:

I have read the Holyoke Y Viking Code of Conduct and agree to abide by its provisions.

Signature of Swimmer

Date

I have read and discussed the Holyoke Y Viking Code of Conduct with my swimmer and I agree to its provisions.

Signature Parent or Guardian

Date