

New England YMCA Long Course Invitational, Sanction #: CAQ 06-07 8052
Springfield College, Springfield MA
Session Report

Session: 1 Friday Evening Senior Session

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Women Open 400 Freestyle Relay	0	0	05:30 PM _____
Finals	2 Men Open 400 Freestyle Relay	0	0	05:30 PM _____
Finals	3 Women Open 400 Freestyle	0	0	05:30 PM _____
Finals	4 Men Open 400 Freestyle	0	0	05:30 PM _____
Finals	5 Women Open 50 Breaststroke	0	0	05:30 PM _____
Finals	6 Men Open 50 Breaststroke	0	0	05:30 PM _____
Finals	7 Women Open 200 IM	0	0	05:30 PM _____
Finals	8 Men Open 200 IM	0	0	05:30 PM _____
Finals	9 Women Open 50 Freestyle	0	0	05:30 PM _____
Finals	10 Men Open 50 Freestyle	0	0	05:30 PM _____
Finals	11 Women Open 200 Butterfly	0	0	05:30 PM _____
Finals	12 Men Open 200 Butterfly	0	0	05:30 PM _____
	Finish Time			05:30 PM _____

Session: 2 Saturday Morning 12 and Under Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	13 Women 12 & Under 200 IM	0	0	08:30 AM _____
Finals	14 Men 12 & Under 200 IM	0	0	08:30 AM _____
Finals	15 Women 12 & Under 50 Backstroke	0	0	08:30 AM _____
Finals	16 Men 12 & Under 50 Backstroke	0	0	08:30 AM _____
Finals	17 Women 12 & Under 100 Freestyle	0	0	08:30 AM _____
Finals	18 Men 12 & Under 100 Freestyle	0	0	08:30 AM _____
Finals	19 Women 12 & Under 50 Breaststroke	0	0	08:30 AM _____
Finals	20 Men 12 & Under 50 Breaststroke	0	0	08:30 AM _____
	Break: 5 Minutes			
Finals	21 Women 12 & Under 100 Butterfly	0	0	08:35 AM _____
Finals	22 Men 12 & Under 100 Butterfly	0	0	08:35 AM _____
Finals	23 Women 12 & Under 200 Freestyle	0	0	08:35 AM _____
Finals	24 Men 12 & Under 200 Freestyle	0	0	08:35 AM _____
Finals	25 Women 12 & Under 200 Freestyle Relay	0	0	08:35 AM _____
Finals	26 Men 12 & Under 200 Freestyle Relay	0	0	08:35 AM _____
	Finish Time			08:35 AM _____

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Session: 3 Saturday Afternoon Senior Session
 Day of Meet: 2 Starts at 02:30 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	27 Women Open 200 Freestyle	0	0	02:30 PM _____
Finals	28 Men Open 200 Freestyle	0	0	02:30 PM _____
Finals	29 Women Open 100 Backstroke	0	0	02:30 PM _____
Finals	30 Men Open 100 Backstroke	0	0	02:30 PM _____
Finals	31 Women Open 200 Breaststroke	0	0	02:30 PM _____
Finals	32 Men Open 200 Breaststroke	0	0	02:30 PM _____
Finals	33 Women Open 100 Butterfly	0	0	02:30 PM _____
Finals	34 Men Open 100 Butterfly	0	0	02:30 PM _____
Finals	35 Women Open 50 Backstroke	0	0	02:30 PM _____
Finals	36 Men Open 50 Backstroke	0	0	02:30 PM _____
Finals	37 Women Open 800 Freestyle Relay	0	0	02:30 PM _____
Finals	38 Men Open 800 Freestyle Relay	0	0	02:30 PM _____
	Finish Time			02:30 PM _____

Session: 4 Sunday Morning 12 and Under Session
 Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	39 Women 12 & Under 50 Freestyle	0	0	08:30 AM _____
Finals	40 Men 12 & Under 50 Freestyle	0	0	08:30 AM _____
Finals	41 Women 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	42 Men 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	43 Women 12 & Under 50 Butterfly	0	0	08:30 AM _____
Finals	44 Men 12 & Under 50 Butterfly	0	0	08:30 AM _____
Finals	45 Women 12 & Under 100 Breaststroke	0	0	08:30 AM _____
Finals	46 Men 12 & Under 100 Breaststroke	0	0	08:30 AM _____
Finals	47 Women 12 & Under 200 Medley Relay	0	0	08:30 AM _____
Finals	48 Men 12 & Under 200 Medley Relay	0	0	08:30 AM _____
Finals	49 Women 12 & Under 400 Freestyle	0	0	08:30 AM _____
Finals	50 Men 12 & Under 400 Freestyle	0	0	08:30 AM _____
	Finish Time			08:30 AM _____

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Session: 5 Sunday Afternoon Senior Session
Day of Meet: 3 Starts at 02:30 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	51 Women Open 400 IM	0	0	02:30 PM _____
Finals	52 Men Open 400 IM	0	0	02:30 PM _____
Finals	53 Women Open 100 Freestyle	0	0	02:30 PM _____
Finals	54 Men Open 100 Freestyle	0	0	02:30 PM _____
Finals	55 Women Open 200 Backstroke	0	0	02:30 PM _____
Finals	56 Men Open 200 Backstroke	0	0	02:30 PM _____
Finals	57 Women Open 50 Butterfly	0	0	02:30 PM _____
Finals	58 Men Open 50 Butterfly	0	0	02:30 PM _____
Finals	59 Women Open 100 Breaststroke	0	0	02:30 PM _____
Finals	60 Men Open 100 Breaststroke	0	0	02:30 PM _____
Finals	61 Women Open 400 Medley Relay	0	0	02:30 PM _____
Finals	62 Men Open 400 Medley Relay	0	0	02:30 PM _____
	Finish Time			02:30 PM _____