
Western MA YMCA District Swim Championships

Saturday and Sunday, February 6-7, 2010

Site: Greater Holyoke YMCA, 171 Pine Street, Holyoke, MA

Parking: YMCA parking, street parking and parking in near by lots.

Mail Entries To: Randall K. Smith
Greater Holyoke YMCA
171 Pine Street
Holyoke, MA 01040

Email Entries to: hvv@holyokeymca.org

For information: Randall K. Smith, Operations Director
Work - (413) 534-5631
Home - (413) 533-1259
rsmith@holyokeymca.org

David Haywood, Meet Director
Work - (413) 519-2717
Home – (413) 731-7315
david.haywood@alumni.umass.edu

Scott Harper, Head Referee
Home – (413) 527-1264
jcorbeil@admin.umass.edu

Eligibility: All swimmers must be full privileged members of their YMCA as of December 1, 2009 and must have represented their YMCA in at least two (2) inter-association league dual meets. Age as of December 1, 2009 will determine age group. A swimmer may swim up providing they do so for the entire meet. (Note: An 8 and under may swim in a 10 and under relay and swim as an 8 and under during the meet.) Swimmers age 18 must still be in high school or attending a college with no competitive swimming program.

Events: Each swimmer is limited to 3 individual events and 2 relays. Relay swimmers may be declared on the day of the meet. 10 and under swimmers will swim the Saturday PM session while 11 to 18 year old swimmers will swim in the Sunday AM session. All events will be timed finals.

Entry Fees: \$3.75 per individual event, \$15.00 per relay. Fees must accompany entry and checks should be made out to **Holyoke Y Competitive Swimming** and sent to **Randall K. Smith (address above)**. Entries should be done on computer facsimile. All teams should submit entry by email. All teams must also submit a team roster. No seed cards are necessary. No late entries or changes will be accepted. A certificate of YMCA Insurance must also be enclosed.

Entry Deadline: *Randall K. Smith must receive all entries and fee payments by Saturday, January 30, 2010 at 12:00 PM.*

- Awards:** Individual Events - Die Cast Medals 1 to 6, Ribbons 7 to 12
Relays Events - Die Cast Medals 1 to 3, Ribbons 4 to 12
Heat Awards and Participation Ribbons will also be awarded.
- Scoring:** Individual Events - 16, 13, 12, 11, 10, 9, 7, 5, 3, 2, 1 (Top 12)
Relay Events - 32, 26, 24, 22, 20, 18, 14, 10, 8, 6, 4, 2 (Top team finisher scored, award to 12)
- Admission:** \$1.00 (Children under 12 - no charge)
- Psych Sheets:** \$2.00 per day
- Results:** Will be posted on www.hyvswimming.org.
- Refreshments:** Refreshments will be available throughout the event including coffee, doughnuts, bagels, hot dogs, soups, salads, sandwiches and more.

NO FOOD OR DRINK WILL BE ALLOWING IN THE POOL AREA, LOCKER AREAS, OR BULLPEN! NO SMOKING IS ALLOWED IN THE BUILDING! NO GLASS CONTAINERS ARE TO BE BROUGHT INTO THE BUILDING!

- Apparel:** A swim gear outfitter will be selling swim apparel on SUNDAY ONLY! Western Mass Championship Event Shirts will also be available.
- Other Issues:** The 2010 USA Swimming and Diving Rules will be followed unless previously amended by the league. The meet will follow the Rules That Govern YMCA Competitive Sports. All teams should be aware of these this document and be familiar with its content.
- Shaving:** Shaving at this meet is prohibited. No shaving will take place anywhere in the facility at any time before or during the meet.

Warm Up Information
(Lane assignments will be made after entries are received)

Saturday, February 6, 2010 (10 and Under Session)

1:15 to 1:45 PM – HRY, SNAP, PYPB, KYD
1:45 to 2:15 PM – HYV, TRIY, NBYB, WYST
First Call all Medley Relays at 2:15 PM
Last Call all Medley Relays at 2:25 PM
Meet Starts at 2:30 PM SHARP!!!

Sunday, February 7, 2010 (11 and Over Session)

8:00 to 8:45 AM - HYV, KYD, NBYB, Tri-Y
8:45 to 9:30 AM – WYST, PYPB, HRY, SNAP

First Call all Medley Relays at 9:25 AM
Last Call all Medley Relays at 9:35 AM
Meet Starts at 9:45 AM SHARP!!!

Please, no diving during the warm-up except in one way lanes under the supervision of a coach. Enter the water during warm-up at the block end of the pool. Feet first entries only!! All medley relays must be declared and returned to the computer operator no later than 45 minutes before the scheduled beginning of the session (1:45 PM and 9:00 AM). All free relays must be declared and returned to the bullpen at the conclusion of the 9 and 10 100 Free during the Saturday session and at the conclusion of the 15 to 18 100 Free during the Sunday session.

All scratches must be reported to the bullpen 1/2 hour before the beginning of the session (2:00 PM Saturday and 9:15 AM Sunday). A scratch sheet is provided in the team packet for each session.

The Bullpen: All events will be seeded at the scratch deadline for each session. No events will be re-seeded after the scratch deadline. Anyone who fails to report to the bullpen for an individual event will be ineligible to swim their next individual event. Please make sure a responsible parent is in the swimmer area to assure all swimmers make their call in a timely manner. There will be three calls for each event. It is the responsibility of the swimmer to report to the bullpen on time.

Swimmers should remain in the swimmer area in order to hear their bullpen call. No swimmers are to be seated in the spectator area. If a swimmer is done swimming for the day, they are encouraged to dress and may watch the remainder of the meet in the pool.

Remember, gym supervision is imperative!!! You must have a parent or two on hand with the team at all times to prevent things from "getting out of hand". Swimmers found to be in unauthorized areas of the facility will be ejected from the meet.

Also, no "Boom Boxes", iPods or personal listening devices ONLY! Computer games are permitted but the sound must be turned off.

Thank you for your attention in these matters. Have a fast and fun meet.